



PRAISE

God, I love and thank
You because...

(Psalm 9:1, Psalm 100:4)

REQUEST

God, please help...

(Philippians 4:6-7)

ADMIT

God, I'm sorry for...

(1 John 1:9, Hebrews 10:22)

YIELD

God, I trust You with...

(Psalm 25:4-5, Proverbs 3:5-6)

NAME

7-5-2

PRAYER@HOME CHALLENGE

Commit to being a 7-5-2 family.

7 Pray seven days a week individually for your family (parents, siblings, grandparents, etc.).

5 Pray five times a week with your family.

2 Pray at least two times a week with your spouse (for parents).